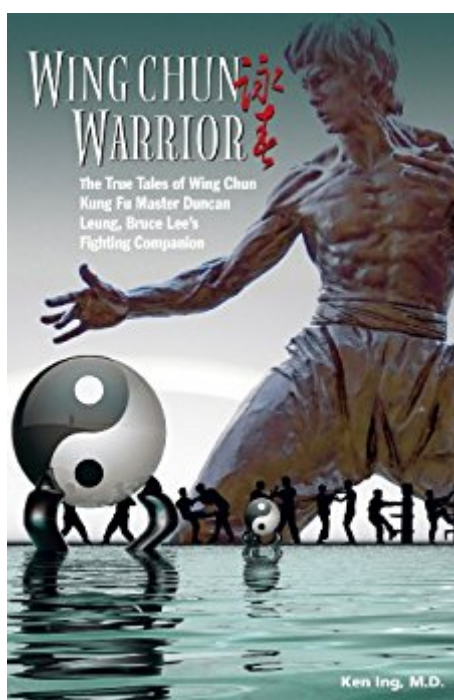


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# Wing Chun Warrior: The True Tales Of Wing Chun Kung Fu Master Duncan Leung, Bruce Lee's Fighting Companion



## Synopsis

The story of Duncan Leung ? childhood friend of Bruce Lee, disciple of legendary master Yip Man, and New York kung fu teacher ? is valuable not only for its insights into martial arts but also for its portrayal of the lost Hong Kong of the 1950s and 1960s. Each anecdote is introduced with a proverb or teaching from Chinese philosophy, and illustrations follow each fight story, making for an educational and entertaining read.

## Book Information

File Size: 17838 KB

Print Length: 256 pages

Publisher: Blacksmith Books (July 15, 2010)

Publication Date: April 1, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00JVASHS2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #469,073 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #108

inÂ Books > Biographies & Memoirs > Sports & Outdoors > Boxing, Wrestling & MMA > Martial Arts

#227 inÂ Books > Biographies & Memoirs > Historical > Asia > China #287 inÂ Books >

Biographies & Memoirs > Ethnic & National > Chinese

## Customer Reviews

If you like martial arts, especially Wing Chun then this is a great little book definitely worth reading. Lots of interesting back stories, anecdotes, illustrations and Chinese philosophy and history. As a special bonus I got a fresh perspective on both Bruce Lee and Ip Man. A chance to read about the real people behind these towering legends. In summary great stuff about a dying breed of real life martial art warriors from a bygone era. Just wish it could have been a little bit longer!

Interesting story, you wont learn a tremendous amount about Wing Chun, but I really enjoyed the

way it was written with chapters starting as ancient parables tied to Duncan's personal life lessons and stories.

Great read! I've been studying wing chun for almost 3 year now and it was a treat to hear about Duncan Leung's experiences with the art.

Very inspiring, it makes me want to travel to Virginia Beach and train with Sifu Leung. I hope that I can accomplish this goal!

i bought for a friend it is a good book it speaks if ip man and Bruce in a realistic light

Love the book. I appreciate the history etc. and the action stories.

easy read interesting and helpful to wing chun martial artist

Duncan Leung was introduced to Wing Chun Kung Fu by his childhood friend, famed screen star Bruce Lee. At the age of 13, after the ritual of 3 kneels, 9 kow tows in the traditional sifu worship ceremony, he became the formal disciple of Sixth-generation Wing Chun Master Yip Man. Between 1955-1959 he studied with his Sifu at home, where Yip taught him how to apply Wing Chun in actual fighting. Leung trained six hours a day, 7 days a week for 4 years, and used this knowledge fighting in the streets and martial arts studios in Hong Kong. In 1964 Leung befriended an old man who taught him rare secrets of close fighting, including the art of disarming a knife-wielding opponent. When he opened his Wing Chun studio in New York City in 1974, he was challenged by martial arts practitioners of every school but remained undefeated. Since moving to Virginia Beach in 1976, he has taught US Navy Seals, members of the FBI, and various SWAT teams. In 2002 Leung accepted perhaps the greatest challenge of his life: to train six chinese teenagers to become world-class professional fighters. To this end he returned to China to accomplish what many considered an impossible mission.

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